



鉄板焼子ア・ラ・カルトメニュー

TEPPANYAKI
À LA CARTE MENU

禪zen

JAPANESE RESTAURANT

*In order to prevent unnecessary waste of food,
it is kindly requested not to cancel your order once it is processed.*

一期一会
Ichi Go ... Ichi E

*On every occasion, the people, the place, the time and the experience
are unique and can never be replicated...*

Enjoy the moment!

*Bei jeder gelegenheit sind die menschen, der ort, die zeit und die
erfahrung einzigartig und können niemals wiederholt werden...*

Genieße den moment!

*À chaque occasion, les gens, le lieu, le temps et l'expérience sont
uniques et ne peuvent jamais être reproduits...*

Apprécie le moment!

*In ogni occasione, le persone, il luogo, il tempo e l'esperienza sono
unici e non possono mai essere replicati...*

Godetevi il momento!

禪 zen

JAPANESE RESTAURANT

お肉

MEATS

アンガス 牛肉 ファイル
Angasu Gyūniku Fuire
Angus Beef Fillet (250g)



€35.00

豚肉 ファイル
Butaniku Fuire
Pork Fillet (250g)



€25.00

アンガス 牛肉 リブアイ
Angasu Gyūniku Ribuai
Angus Beef Rib-Eye (250g)



€30.00

鶏もも肉
Torimomoniku
Chicken Thighs (250g)



€25.00

付け合わせ/味噌汁、ご飯と旬の野菜

Served with Miso soup, steamed rice and stir-fried seasonal vegetables.

For the ultimate Teppan dining experience, we highly recommend our patrons to indulge in each of the food courses for which a minimum order of €35 is kindly requested.

Gluten free and other specific diet-controlled foods must be requested upon reservation.



甲殻類 crustaceans



グルテン gluten



マスタード mustard



セロリ celery



二酸化硫黄 sulphite



卵 eggs

魚介

SEAFOOD

ロブスター

Robusutā

Whole Lobster
(upon availability)



Market price

帆立

Hotate

Scallops

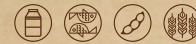


€40.00

大とろ

Ōtoro

Tuna Belly (250g)



€40.00

ブラックタイガー

Burakku taigā

Jumbo Tiger Prawns



€35.00

鮭

Sake

Salmon (250g)

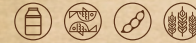


€30.00

白身魚

Shiromizakana

Fresh White Fish
of the Day (250g)



Market price

鮪

Maguro

Tuna (250g)



€35.00

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副菜 - 麺類

SIDE DISHES - NOODLES

牛肉焼きそば

Gyūniku Yakisoba

Teppan-Fried Noodles
With beef and vegetables.



€16.00

鶏肉焼きそば

Toriniku Yakisoba

Teppan-Fried Noodles
With chicken and vegetables.



€13.00

エビ焼きそば

Ebi Yakisoba

Teppan-Fried Noodles
With prawns and vegetables.



€19.00

牛肉焼きうどん

Gyūniku Yakiudon

Teppan-Fried Thick Japanese Noodles
With beef and vegetables.



€17.00

鶏肉焼きうどん

Toriniku Yakiudon

Teppan-Fried Thick Japanese Noodles
With chicken and vegetables.



€14.00

エビ焼きうどん

Ebi Yakiudon

Teppan-Fried Thick Japanese Noodles
With prawns and vegetables.



€20.00

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マスタード mustard



セロリ celery



二酸化硫黄 sulphite



卵 eggs

副菜 - 焼き飯

SIDE DISHES - FRIED RICE

焼き飯

Yakimeshi

Fried Egg Rice With Vegetables



€10.50

エビ焼き飯

Ebi Yakimeshi

Fried Vegetable Rice With Prawns



€16.00

鶏肉 焼き飯

Toriniku Yakimeshi

Fried Vegetable Rice With Chicken



€12.00

牛肉焼き飯

Gyūniku Yakimeshi

Fried Vegetable Rice With Beef



€15.00

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ベジタリアン料理

VEGETARIAN SELECTION

豆腐ステーキ(ご飯付き)
Tōfu Sutēki Gohan Tsuki

Teppan-Fried Tōfu Steak
Served with fresh mushrooms,
spring onions, garlic,
vegetable sauce and steamed rice.



€20.00

玉子焼き(ご飯付き)
Tamagoyaki Gohan Tsuki

Japanese Rolled Omelette
Served with steamed rice.



€16.00

焼き野菜(ご飯付き)
Yaki Yasai Gohan Tsuki

Teppan-Fried Mixed Vegetables
Served with steamed rice.



€12.00

野菜焼きうどん
Yasai Yaki Udon

Teppan-Fried
Japanese Thick Noodles
With vegetables.



€14.00

野菜焼きそば
Yasai Yaki Soba

Teppan-Fried Japanese Noodles
With vegetables.



€12.50

付け合わせ/味噌汁、ご飯と旬の野菜

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All prices include VAT

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